

Sexuality, intimacy and relationships

People find this is a difficult area to work with and it certainly requires special skills. It is much easier not to open the 'Can of Worms' and ignore the subject; however expressing a need for intimacy is a sign of well being and at the core of being person centred.

Help staff to break the taboo on this subject.

- ✓ Explore the many ways in which living with a dementia has an impact on intimacy needs and how these needs are expressed
- ✓ Consider a model for identifying reasons, triggers and positive approaches.
- ✓ Discuss the creation of a policy about sexuality in your care setting.
- ✓ Learn how to open up the subject with staff, families and people experiencing a dementia
- ✓ Create real outcomes for CQC and commissioners.

“Without Dementia Care Matters guidance on this day I don’t think we would have ever been able to move forward in this area, I feel very relieved.” (course participant)

“See intimacy as a sign of well-being”

One day workshop linked to new QCF Dementia related qualifications; that introduces staff to person centred communication methods

Available in-house from only £750 + VAT & expenses.

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