

A one-year Course.

“An Emotional Journey” ©

“The Diploma Level course has been the best training that I have ever done in my 26 years of working with older people.”

“My whole approach, way of thinking and way of responding has totally changed thanks to Dementia Care Matters.”

“ I had high expectations. I find David Sheard's ethos and style leads to meaningful training - truly person centred”.

Course participants

Options: certificate of attendance or on completion of the programme participants may use the 3 optional assignments undertaken to gain 30 level 3 credits towards a BSc or MSc in Professional Practice (Dementia Care) at the University of Surrey.

Locations and start dates:

Birmingham - November 2010
Dublin - November 2010
London - January 2011

Diploma level in person-centred dementia care

Twelve Workshops

Providing a flexible, practice-based learning opportunity.



Workshops written and facilitated by David Sheard, Peter Priednieks and Dementia Care Matters team of consultant trainers.

“An Emotional Journey”©

An established national course now in its sixth year.

Across the year nationally recognised trainers will lead the group through 12 powerful workshop experiences. The training will lead individuals through vital emotional and practical issues in dementia care.

Dementia Care Matters works with the Division of Health & Social Care, University of Surrey.

The Diploma Level Programme

is designed for Managers, Inspectors and Care Home staff working with people living with a dementia who wish to positively develop a model of care based on achieving increased Quality of Life.

It is suitable for both care staff and those holding a professional qualification.

12 workshops:

1. Exploring the journey in your own professional development (2 day introductory workshop).
2. The real meaning of person centred care for all of us.
3. The experiences of people with dementia.
4. Appraising your own service's care culture and social psychology.
5. Leadership in person centred care.
6. Relationship centred care.
7. Feeling based communication skills.
8. Improving well-being and the importance of occupation.
9. People with dementia; behaviours as feelings.
10. Later stage dementia care.
11. Sexuality, intimacy and relationships.
12. Developing a continuous learning work plan.

Key features

- Certification of 30 level 3 credits towards a diploma.
- 12 workshops over 12 months.
- 3 work assignments.
- Learning, action and evaluation.
- Invaluable participant course manual.

You will discover:

- The importance of connecting with *your own emotions/feelings in order* to reach people experiencing a dementia.
- The central concept of leadership and well-being in dementia care.
- The emotional journey of a person living with a dementia.
- Specialist approaches and practical tools which meet the unique needs of a person living with a dementia.
- The meaning behind emotions and behaviour.
- The language of a person with dementia by developing your feeling based communication skills.
- How to make waves in dementia care by translating your new dementia care awareness into action within your care service.
- How to develop person centred care into practical management standards.



**Life is an emotional
journey**